

COVID Safety Plan

Prostate Cancer Support Group – ACT Region

Thank you for helping us to reduce the impact of COVID-19 in the ACT

The ACT Government has recently released updated rules and guidelines to help us safely continue our activities during the COVID-19 pandemic and ensure that we continue to comply with relevant laws and regulations. These include us developing and applying our own **COVID Safety Plan**, which is shown below.

We'll be using this **COVID Safety Plan** at our regular meetings and coffee mornings, in addition to any other requirements that our hosting venues may want to apply in order to keep us and others safe.

Please provide your contact details

- ✓ We will continue to log attendances at all of our meetings, just like we've done before.
 - Your information is held securely to ensure your privacy and will only be released if required for tracing.
- ✓ Please use the **Check In CBR app** when you arrive; the sheet will be at the door.
 - If you can't use the app, please ask someone to check you in on their device.



Face masks

- ✓ The wearing of face masks is not mandatory, but is encouraged when not eating or drinking.

Ensure physical distancing

- ✓ Please maintain a distance of **1.5 metres between others** who you don't know wherever possible.
- ✓ We'll be setting up the chairs at our meetings to assist physical distancing so please don't move them.
- ✓ Zoom (or similar) will continue to be available for our meetings.

Cleaning and sanitising

- ✓ We will clean the tables, chair backs, door handles and bench surfaces **before** and **after** the meetings.
- ✓ Please use the hand sanitiser when you arrive and depart.

But what if I am sick or become sick later?

- ✓ **Please stay home if you are unwell.** This applies to all of us.
- ✓ **We retain the right to turn you away from our meetings** if you have clear symptoms of illness.
 - Please recognise that this is for everyone's benefit.
- ✓ **If you return a positive result to a COVID test within 7 days** of attending any of our meetings, please advise the President so that we can advise others who have attended our meeting.



Thank you!